



# June

## 12-14 SOBER SISTERS SEEKING THROUGH PRAYER, MEDITATION AND FELLOWSHIP: A SPIRITUAL WEEKEND FOR WOMEN IN AA

Take time to renew and grow your spirituality as a recovering woman in AA . AA speakers will highlight the weekend. Two Way prayer workshop will be featured, which is an old Oxford Group practice that is being rejuvenated in AA. Yoga, meditation and breath work sessions will be available. No Supper on Friday.

Arrival: 5:00-6:00 p.m. Departure: 12:00 p.m.  
Presenters: Laura Guida, MHFA Cost: \$375  
Avita Kennedy, RYT  
Colleen Longo, Breathwork Practitioner  
Eileen Truck, RN

# July

## 5-11 RELIGIOUS SISTERS PREACHED RETREAT

This week you will have time alone with God, rest and walk on the beach. Exposition of the Blessed Sacrament, Eucharistic Liturgy and Reconciliation will be included. Supper will be served on Sunday at 5:30 pm.

Arrival: 3:00 p.m. Departure: 11:00 a.m.  
Cost: \$650

**Our retreat program ends on July 12, 2026  
and resumes on September 14, 2026.  
There are no retreats offered in the summer.**

## Please Note

In addition to these events sponsored by the Center, the Staff gives many days of prayer to parish groups, school faculties, Rosary-Altar groups, senior citizens organizations, AA, etc., which are not listed. There are some dates still available. Please call the office for more information.

## Staff

Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II, Director  
Sr. Dolores Bianchi, MPF, Administrative Assistant  
Lenore Munson, Secretary  
Eileen Bogulaski, Treasurer

## Adjunct Spiritual Directors

Rev. John Bambrick, M.S.C.M.  
Janice Santanello, M.Th., CLEM, CSG, CPC  
Maryallyn Black, MPH, M.Ed., CSD



400 Route 35 North  
South Mantoloking, N.J. 08738

## Our Mission

St. Lucy Filippini, the foundress of the Religious Teachers Filippini, dedicated her life to education, particularly for women. She founded schools of Christian doctrine, gave Spiritual Exercises to women preparing for marriage, and taught the Word of God through instruction and retreat experiences. Her charismatic gift was “the wisdom of the Word” and she made every effort to spread the Word of God to everyone. She was a contemplative in action; all her actions stemmed from her union with God.

It is this spirit that the Religious Teachers Filippini wish to en flesh at St. Joseph By the Sea. It is our aim to provide the atmosphere and means for the individual who comes here to “Let the Word of Christ, rich as it is, dwell in you.” (Col. 3:16). Having experienced quiet and solitude, one goes forward renewed and refreshed to incarnate God’s love and Word.

Programs are offered to enrich, renew and deepen one’s interior communication with the Lord in an atmosphere of prayer, quiet and solitude. The scenic environment of the Atlantic Ocean and Barnegat Bay provides additional contemplative space.

## Our Facilities

St. Joseph by the Sea is the summer residence of the Religious Teachers Filippini. Fully air-conditioned, twenty-two private bedrooms, with full bath accommodations between rooms, and a handicapped accessible lift is available for retreatants. The facilities also include a dining room with accommodations for forty people, a chapel, and a solarium. A large conference room, overlooking the ocean, is located on the second floor. There is also a library for use during one’s stay. The Loft on the third floor overlooks the bay and invites one to “Come to the Quiet” to pray and reflect. There is direct access to the ocean from the house and easy access to Barnegat Bay.

It is fully airconditioned, twenty-two private bedrooms, with bath accomodations between rooms. The facility is handicapped-accessible.

## Directions to our Retreat House

### FROM GARDEN STATE PARKWAY SOUTH BOUND:

- Take **Exit 98** to **Route 34 SOUTH**.
- At end of Mantoloking, **Route 35** divides continue for 1.7 miles.
- Turn left at **Sanderling St.** (1st street after Brick Beach parking lot)
- Turn left onto **35 NORTH** to #400 – St. Joseph by the Sea is on right side past Ocean Club Condos

### FROM GARDEN STATE PARKWAY NORTH BOUND:

- Take **Exit 82** to **Route 37 EAST**.
- After the bridge follow **35 NORTH** and **Pt. Pleasant** Signs.
- Go past Ocean Club Condos and Brick Beach.
- St. Joseph By The Sea is on the right #400.

### FROM THE WEST:

- Take **195 EAST**.
- Get off at **Route 34 SOUTH**.
- Follow **Route 34 SOUTH** thru one traffic circle.
- Follow directions above, as if traveling **SOUTH** from Garden State Parkway.



Institute of Religious Teachers Filippini  
400 Route 35 North  
South Mantoloking, N.J. 08738

Address Service Requested

September 2025 - June 2026

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U.S. POSTAGE  
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