

September 2024

10 FRIENDS OF BILL W. – An Evening for Women in AA

Dinner and speaker. This event will occur once a month on the following dates: 9/10, 10/8, 11/5, 2/4, 3/4, 4/8, 5/6. For information and to register please contact Laura G. (848) 221-7704.

Arrival: 5:30 p.m.	Departure: 8:00 p.m.
Speakers	Cost: \$20

27-29 COME TO THE QUIET – A SILENT RETREAT

Come and experience the shore in all its fall beauty! This weekend has been set aside for those desiring time alone with God. This retreat offers time for reflection; Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included. Massage therapy will be available. No Supper on Friday.

Arrival: 5:00-6:00 p.m.	Departure: 1:00 p.m.
Presenter: Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II	Cost: \$425

October

16 SHOULD I STAY OR SHOULD I GO?

Discerning the how, when and whether or not to change jobs, relationships or communities with peace and confidence. Using the work of author Emily Freeman, we will examine steps to navigate important decisions and begin anew. Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m.	Departure: 2:30 p.m.
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC	Cost: \$65

22 FRIENDS OF BILL W. – An Evening for Sponsor/Sponsee

Sponsors bring your sponsee for an evening of fellowship. Supper will be served at 6:00 p.m. A speaker presentation will follow.

Arrival: 5:30 p.m.	Departure: 8:00 p.m.
Presenter: Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II	Cost: \$20

November

8-10 COME TO THE QUIET – A SILENT RETREAT

Come and experience the shore in all its fall beauty! This weekend has been set aside for those desiring time alone with God. This retreat offers time for reflection; Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included. Massage therapy will be available. No Supper on Friday.

Arrival: 5:00-6:00 p.m.	Departure: 1:00 p.m.
Presenter: Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II	Cost: \$425

19 FRIENDS OF BILL W. – An Evening for Sponsor/Sponsee

Sponsors bring your sponsee for an evening of fellowship. Supper will be served at 6:00 p.m. A speaker presentation will follow.

Arrival: 5:30 p.m.	Departure: 8:00 p.m.
Presenter: Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II	Cost: \$20

St. Joseph By The Sea
A Retreat House at the Central Jersey Shore
Office Hours: Monday - Friday 9am-2pm
(732) 892-8494 • www.sjbsea.org
sjbsea@comcast.net

The retreat house is closed from
December 20, 2024 through January 2, 2025

December

6 AN ADVENT DAY OF REFLECTION

Reading and discussing the Infancy stories from the Gospels of Matthew and Luke is a wonderful way to prepare to celebrate the joy of the birth of Jesus at Christmas. Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m.	Departure: 2:30 p.m.
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC	Cost: \$65

12 QUIET BY THE FIRESIDE

This evening will provide the busy person an opportunity to contemplate Jesus, the Incarnate Word, through reflection in a quiet and prayerful environment. Christmas sing-along and refreshments after program. SPACE WILL BE LIMITED TO 40 PEOPLE. Please call in advance for reservations.

Arrival: 5:00 p.m.	Departure: 8:00 p.m.
Presenters: Staff	Donation

March 2025

5 ASH WEDNESDAY RETREAT

Ever wish you could receive more out of Lent? Explore the three pillars of Lent: prayer, fasting and alms giving as we carve out our Lenten plans. Lunch and Eucharistic Liturgy with distribution of ashes included.

Arrival: 9:00 a.m.	Departure: 2:30 p.m.
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC	Cost: \$65

19 HONORING ST. JOSEPH THE WORKER

In honor of our patron St. Joseph, the staff cordially invites you to join us at Eucharistic Liturgy as we celebrate this special day. We will pray for peace and healing for ourselves and for our world. Please call to register by March 15. SPACE WILL BE LIMITED TO 40 PEOPLE. Refreshments and Blessed Bread after the program.

Arrival: 10:30 a.m. Mass: 11:00 a.m.	Departure: 1:00 p.m.
Presenters: Staff	Donation

21-23 SELF CARE FOR AA WOMEN

Take time to be still and know God loves you. Rest, read and take walks on the beach and bayside. Yoga, meditation and massage will be available. Eucharistic Liturgy included. No Supper on Friday.

Arrival: 5:00-6:00 p.m.	Departure: 12:00 p.m.
Presenters: Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II Avita Kennedy, RYT	Cost: \$400

27 LENTEN SAINTS TO CELEBRATE!

Saint Joseph and Saint Patrick are familiar but did you know their female counterparts: Mother Cabrini and Brigid of Ireland? Come celebrate these wonderful men and women of faith to continue our Lenten journey with joy! Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m.	Departure: 2:30 p.m.
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC	Cost: \$65

May

2-4 RESTORE AND RENEW

Relax and renew at the beautiful St. Joseph by the Sea retreat house at the Jersey shore. The weekend is the ideal getaway from a busy life. The program consists of daily gentle yoga, meditation, walks on the beach, fellowship and breath work. You will leave refreshed and better prepared to share your best self with your family and community. Massage therapy will be available. Eucharistic Liturgy included. No Supper on Friday.

Arrival: 5:00-6:00 p.m.	Departure: 11:00 a.m.
Presenter: Avita Kennedy, RYT	Cost: \$400

13 PRAYING WITH IMAGES OF GOD IN SEA, SKY, EARTH AND WIND

Take full advantage of all our retreat house has to offer. Bask in the sensual experience of being at the shore with some guidance in reflecting upon the beauty of all God has bestowed upon us. Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m.	Departure: 2:30 p.m.
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC	Cost: \$65

June

1-7 SISTERS' SILENT RETREAT – PRIVATE OR DIRECTED

This week is set aside for those desiring time alone with God, rest and a walk on the beach. Exposition of the Blessed Sacrament, Eucharistic Liturgy and Reconciliation will be included. Supper will be served on Sunday at 5:30 pm.

Arrival: 3:00 p.m.	Departure: 11:00 a.m.
Presenters: Staff and Visiting Directors	Cost: \$600

St. Joseph By the Sea Registration Form

Name _____ Home Phone _____

Email _____ Work Phone _____

Street _____ Cell Phone _____

City _____ State _____ Zip _____

Program Attending _____ Date _____

IF REGISTERING FOR SILENT RETREAT, PLEASE INDICATE : _____ DIRECTED _____ PRIVATE _____

N.B. There will be an additional \$10 fee for each Directed Session.

Enclosed is my non-refundable/non-transferable deposit of \$100.00
 PLEASE MAKE CHECKS PAYABLE TO: ST. JOSEPH BY THE SEA

Your cancelled check is your receipt.

Office Use Only

Deposit Paid _____
Check # _____
Date Paid _____

Mail Registration and Deposit To:
 St. Joseph By the Sea
 400 Route 35 North
 S. Mantoloking, N.J. 08738



Institute of Religious Teachers Filippini
400 Route 35 North
South Mantoloking, N.J. 08738

Address Service Requested

September 2024 - June 2025

Our Mission

St. Lucy Filippini, the foundress of the Religious Teachers Filippini, dedicated her life to education, particularly for women. She founded schools of Christian doctrine, gave Spiritual Exercises to women preparing for marriage, and taught the Word of God through instruction and retreat experiences. Her charismatic gift was “the wisdom of the Word” and she made every effort to spread the Word of God to everyone. She was a contemplative in action; all her actions stemmed from her union with God.

It is this spirit that the Religious Teachers Filippini wish to en flesh at St. Joseph By the Sea. It is our aim to provide the atmosphere and means for the individual who comes here to “Let the Word of Christ, rich as it is, dwell in you.” (Col. 3:16). Having experienced quiet and solitude, one goes forward renewed and refreshed to incarnate God’s love and Word.

Programs are offered to enrich, renew and deepen one’s interior communication with the Lord in an atmosphere of prayer, quiet and solitude. The scenic environment of the Atlantic Ocean and Barnegat Bay provides additional contemplative space.

Our Facilities

St. Joseph by the Sea is the summer residence of the Religious Teachers Filippini. Fully air-conditioned, twenty-two private bedrooms, with full bath accommodations between rooms, and a handicapped accessible lift is available for retreatants. The facilities also include a dining room with accommodations for forty people, a chapel, and a solarium. A large conference room, overlooking the ocean, is located on the second floor. There is also a library for use during one’s stay. The Loft on the third floor overlooks the bay and invites one to “Come to the Quiet” to pray and reflect. There is direct access to the ocean from the house and easy access to Barnegat Bay.

Care Through Touch Ministry is offered by Maxine M. Bodson, SCMT/PT at selected retreats.

Directions to our Retreat House

FROM GARDEN STATE PARKWAY SOUTH BOUND:

- Take **Exit 98** to **Route 34 SOUTH**.
- At end of Mantoloking, **Route 35** divides continue for 1.7 miles.
- Turn left at **Sanderling St.** (1st street after Brick Beach parking lot)
- Turn left onto **35 NORTH** to #400 – St. Joseph by the Sea is on right side past Ocean Club Condos

FROM GARDEN STATE PARKWAY NORTH BOUND:

- Take **Exit 82** to **Route 37 EAST**.
- After the bridge follow **35 NORTH** and **Pt. Pleasant** Signs.
- Go past Ocean Club Condos and Brick Beach.
- St. Joseph By The Sea is on the right #400.

FROM THE WEST:

- Take **195 EAST**.
- Get off at **Route 34 SOUTH**.
- Follow **Route 34 SOUTH** thru one traffic circle.
- Follow directions above, as if traveling **SOUTH** from Garden State Parkway.

**Our retreat program ends on June 7, 2025
and resumes on September 2, 2025.
There are no retreats offered in the summer.**

Please Note

In addition to these events sponsored by the Center, the Staff gives many days of prayer to parish groups, school faculties, Rosary-Altar groups, senior citizens organizations, AA, etc., which are not listed. There are some dates still available. Please call the office for more information.

Staff

Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II, Director
Sr. Dolores Bianchi, MPF
Lenore Munson, Secretary
Louise Speidel, Treasurer

Adjunct Spiritual Directors

Rev. John Bambrick, M.S.C.M.
Janice Santanello, M.Th., CLEM, CSG, CPC
Maryallyn Black, MPH, M.Ed.



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South Mantoloking, N.J. 08738

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