

## SEPTEMBER

### 6-12 BREATH OF GOD: A SILENT RETREAT

Come to the Jersey Shore to encounter your God in the silent atmosphere of a private or directed retreat. Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included. Supper will be served on Friday, September 6 at 5:30 p.m.

Arrival: Friday, 4:00-5:00 p.m.  
Presenters: Staff and Visiting Directors

Departure: Thursday, 10:00 a.m.  
Cost: \$520

## OCTOBER

### 23 FORGIVENESS

The need for forgiveness is rooted in well being. The journey to forgiveness will be explored through the stages of Denial, Anger, Bargaining, Depression and Acceptance accompanied by prayer, discussion and lectures. Light breakfast, lunch and Mass included.

Arrival: 9:00 a.m.  
Presenter: Sr. Lucy Battistuz, MPF, MS, RE

Departure: 2:30 p.m.  
Cost: \$55

## NOVEMBER

### 1-3 THE SHACK

Thousands of people have read *The Shack* and seen the film, finding in the story a message of hope in the face of impossible tragedy. *The Shack* presents an unforgettable encounter with a Divine Love that promises to never leave us. We will view the film and then unpack its meaning, unlocking its graces for our own lives. Mass included.

Arrival: 6:00-7:00 p.m.  
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC

Departure: 1:00 p.m.  
Cost: \$225

### 15-17 CIRCLE OF LIFE – FOUR MOMENTS IN EVERY WOMAN’S LIFE

Four moments in every woman’s life – “**Loss, Change, Transformation, Fulfillment**” – come to us again and again. This retreat invites us to come to know and love ourselves as we seek God within the experiences of our own journey. There will be time to ponder what it means to be a truly whole and spiritual woman living in the challenging time of our world today. Mass included.

Arrival: 6:00-7:00 p.m.  
Presenter: Paulette Cicero, M.Th., CSD

Departure: 1:00 p.m.  
Cost: \$225

## St. Joseph By The Sea A Retreat House at the Central Jersey Shore

Office Hours: Monday – Friday 9 a.m.-2 p.m.  
(732) 892-8494

[www.sjbsea.org](http://www.sjbsea.org)  
[sjbsea@comcast.net](mailto:sjbsea@comcast.net)

## DECEMBER

### 6-8 ADVENT SILENT WEEKEND

In December stillness, this weekend provides time away from our daily cares to listen to Isaiah’s dream, awaiting the birth of God’s Anointed One. This retreat offers time for reflection, Exposition of the Blessed Sacrament and Mass.

Arrival: 6:00 – 7:00 p.m.  
Presenters: Staff and Visiting Directors

Departure: 1:00 p.m.  
Cost: \$225

### 11 QUIET BY THE FIRESIDE

This evening will provide the busy person an opportunity to contemplate Jesus, the Incarnate Word, through reflection in a quiet and prayerful environment. Christmas sing-along and refreshments after program.

Arrival: 5:00 p.m.  
Presenters: Sr. Brunilda Ramos, MPF  
Sr. Dolores Bianchi, MPF

Departure: 8:00 p.m.  
Donation

**The retreat house is closed from December 21, 2019 through January 2, 2020**

## JANUARY/FEBRUARY

### Jan. 31- COME TO THE QUIET – A SILENT RETREAT

**Feb. 2** Come and experience the shore in all its winter beauty! This weekend has been set aside for those desiring time alone with God. This retreat offers time for reflection; Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included.

Arrival: 6:00-7:00 p.m.  
Presenters: Staff and Visiting Directors

Departure: 1:00 p.m.  
Cost: \$225

**21-23 FORGIVENESS**

The need for forgiveness is rooted in well being. The journey to forgiveness will be explored through the stages of Denial, Anger, Bargaining, Depression and Acceptance accompanied by prayer, discussion and lectures. Mass included.

Arrival: 6:00-7:00 p.m.  
Presenters: Sr. Lucy Battistuz, MPF, MS, RE  
Patricia Ranier, BA ASLF

Departure: 1:00 p.m.  
Cost: \$225

**MARCH**

**19 HONORING ST. JOSEPH THE WORKER**

In honor of our patron St. Joseph, the staff cordially invites you to join us at Liturgy as we celebrate this special day. We will pray for peace and healing for ourselves and for our world. Please call to register by March 16. Refreshments and Blessed Bread after the program.

Arrival: 10:30 a.m. Mass: 11:00 a.m.  
Presenters: Sr. Brunilda Ramos, MPF  
Sr. Dolores Bianchi, MPF

Departure: 1:00 p.m.  
Donation

**27-29 FOOTSTEPS IN THE GARDEN**

Do you ever wonder what God is doing and has done in your life, even without your help? In scripture, God says, "You will be like a watered garden." (Is 58:11-12) The blooms in the garden of life take root in the silence. Although the garden needs tending and harvesting, often in our busyness, we miss the beauty that comes on its own and the footsteps of the One who scatters seeds of hope. This weekend offers you time to explore the gardens of your life. Light supper served on Friday, March 27 at 5:30 p.m. Mass included.

Arrival: 4:00-5:00 p.m.  
Presenters: Paulette Cicero, M.Th., CSD  
Ellen Murphy, CSD

Departure: 11:00 a.m.  
Cost: \$235

**APRIL**

**17-19 AA WEEKEND – CELEBRATE RECOVERY THROUGH FORGIVENESS**

Come share your experience, strength and hope with one another. Wounds that are left unattended fester and spread infection throughout your entire body. Time only extends the pain if the problem is not dealt with. Forgiveness is the way. There will be time for prayer, relaxation, walks on the beach and a massage therapist will be available. Mass included.

Arrival: 6:00-7:00 p.m.  
Presenter: Sr. Brunilda Ramos, MPF

Departure: 1:00 p.m.  
Cost: \$225

**MAY**

**5-7 GIFT FROM THE SEA – WOMEN’S CONTEMPLATIVE WEEKEND**  
“Patience, patience, patience, the sea teaches. Patience and faith.”  
**Anne Morrow Lindbergh, Gift From the Sea**

Come and be inspired by the classic book, Gift From the Sea. Explore insights about wholeness, balance of life, work, relationships and spiritual guidance. Please come having read the book. Supper will be served on Tuesday, May 5 at 5:30 p.m. Mass included.

Arrival: Tuesday 4:00-5:00 p.m.  
Presenter: Paulette Cicero, M.Th., CSD

Departure: Thursday 1:00 p.m.  
Cost: \$235

**15-17 WELLNESS WEEKEND FOR WOMEN**

Come away to the quiet and serenity of the ocean and renew yourself in body, mind and spirit. Mass included.

Arrival: 6:00-7:00 p.m.  
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC

Departure: 1:00 p.m.  
Cost: \$225

**JUNE**

**May 31- SISTERS’ SILENT RETREAT – PRIVATE OR DIRECTED**

**June 6** This week is set aside for those desiring time alone with God, rest and a walk on the beach. Exposition of the Blessed Sacrament, Liturgy and Reconciliation will be included. Brunch will be served on Sunday, May 31 at 12:00pm.

Arrival: 10:00 – 11:00 a.m.  
Presenters: Staff and Visiting Directors

Departure: 10:00 a.m.  
Cost: \$445

**Please Note:**

In addition to these events sponsored by the Center, the Staff gives many days of prayer to parish groups, school faculties, Rosary-Altar groups, senior citizens organizations, AA, etc., which are not listed. There are some dates still available. Please call the office for more information.

*Staff*

Sr. Brunilda Ramos, MPF, Director  
Sr. Dolores Bianchi, MPF, Administrative Assistant

*Visiting Directors*

Paulette Cicero, M.Th., CSD  
Rev. John Bambrick, M.S.C.M.  
Janice Santanello, M.Th., CLEM, CSG, CPC

- Turn left onto 35 NORTH to #400 – St. Joseph by the Sea is on right side past Ocean Club Condos

### ***Our Mission***

St. Lucy Filippini, the foundress of the Religious Teachers Filippini, dedicated her life to education, particularly for women. She founded schools of Christian doctrine, gave Spiritual Exercises to women preparing for marriage, and taught the Word of God through instruction and retreat experiences. Her charismatic gift was “the wisdom of the Word” and she made every effort to spread the Word of God to everyone. She was a contemplative in action; all her actions stemmed from her union with God.

It is this spirit that the Religious Teachers Filippini wish to enliven at St. Joseph By the Sea. It is our aim to provide the atmosphere and means for the individual who comes here to “Let the Word of Christ, rich as it is, dwell in you.” (Col. 3:16). Having experienced quiet and solitude, one goes forward renewed and refreshed to incarnate God’s love and Word.

Programs are offered to enrich, renew and deepen one’s interior communication with the Lord in an atmosphere of prayer, quiet and solitude. The scenic environment of the Atlantic Ocean and Barnegat Bay provides additional contemplative space.

### ***Our Facilities***

Fully air-conditioned, twenty-two private bedrooms, with full bath accommodations between rooms, and a handicapped accessible lift are available for retreatants.

The facilities also include a dining room with accommodations for forty people, a chapel, and a solarium. A large conference room, overlooking the ocean, is located on the second floor. There is also a Library for use during one’s stay. The Loft on the third floor overlooks the bay and invites one to “Come to the Quiet” to pray and reflect. There is direct access to the ocean from the house and easy access to Barnegat Bay.

St. Joseph by the Sea is the summer residence of the Religious Teachers Filippini.

Optional Service: Care Through Touch Ministry is offered by Marie Tuohy, LMT and Maxine M. Bodson, SCMT/PT throughout the year. Call the office for more information.

### ***Directions to our Retreat House***

#### FROM GARDEN STATE PARKWAY SOUTHBOUND

- Take Exit 98 to Route 34 SOUTH
- Follow Route 34 SOUTH thru one traffic circle.
- At Intersection of Route 35 and Route 70, follow signs for Route 35 SOUTH
- Follow signs for 35 SOUTH, Seaside Heights, Point Pleasant.
- Continue thru Point Pleasant, Bay Head, Mantoloking.
- At end of Mantoloking, Route 35 divides continue for 1.7 miles.
- Turn left at Sanderling St. (1<sup>st</sup> street after Brick Beach parking lot)

#### FROM GARDEN STATE PARKWAY NORTHBOUND

- Take Exit 82 to Route 37 EAST.
- After the bridge, follow 35 NORTH and Pt. Pleasant Signs.
- Go past Ocean Club Condos and Brick Beach.
- St. Joseph by the Sea is on the right #400.

#### FROM THE WEST

- Take 195 EAST
- Get off at Route 34 SOUTH
- Follow Route 34 SOUTH thru one traffic circle.
- Follow directions above, as if traveling SOUTH from Garden State Parkway.

**Our retreat program ends on June 6, 2020  
and resumes on September 8, 2020.  
There are no retreats offered in the summer.**

# St. Joseph By the Sea Registration Form

Deposit Paid \_\_\_\_\_

Check # \_\_\_\_\_

Date Paid \_\_\_\_\_

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

EMAIL \_\_\_\_\_ Work Phone \_\_\_\_\_

STREET \_\_\_\_\_ Cell Phone \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PROGRAM ATTENDING: \_\_\_\_\_ DATE \_\_\_\_\_

IF REGISTERING FOR RETREAT, PLEASE INDICATE \_\_\_\_\_ DIRECTED \_\_\_\_\_ PRIVATE

**N.B. There will be an additional \$10 fee for each Directed Session.**

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*Enclosed is my non-refundable/non-transferable deposit of \$50.00*

**PLEASE MAKE CHECKS PAYABLE TO: ST. JOSEPH BY THE SEA**

Your Cancelled Check is your Receipt

***Mail registration and deposit to:***

St. Joseph By the Sea  
400 Route 35 North  
S. Mantoloking, NJ 08738