

September 2018

FALL SERIES - Who does He say you are? (Part 1)

Women transformed by Christ in the Gospels. A book discussion series in two parts (see Lent Series in March for part 2)..

All sessions will be on a Wednesday, the following dates:

September 5, 19, 26 October 10, 24, 31
 Arrival: 1:30 p.m. Departure: 3:00 p.m.
 Presenter: Janice Santanello, MA Theology, CLEM, CSG, CPC Cost: \$100

7-13 BREATH OF GOD: A SILENT RETREAT

Come to the Jersey Shore to encounter your God in the silent atmosphere of a private or directed retreat. Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included. Supper will be served on Friday, September 7 at 5:30 p.m.

Arrival: Friday, 4:00-5:00 p.m. Departure: Thursday, 10:00 a.m.
 Presenters: Staff and Visiting Directors Cost: \$515

17 GRIEF RECOVERY – The four tasks of mourning

If you are saddened by the loss of a loved one, you need to give yourself time to work through your grief in order to move on with your life. This will be a day of reflection and prayer to assist you in the journey toward healing. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
 Presenter: Janice Santanello, MA Theology, CLEM, CSG, CPC Cost: \$50

18 FRIENDS OF BILL W. – An Evening For Women

Sponsors bring your sponsee for an evening of fellowship. Dinner will be served at 6:00 p.m. A speaker presentation will follow. (Also offered on October 23, 2018)

Arrival: 5:30 p.m. Departure: 8:00 p.m.
 Speakers Cost: \$20

October

3 FRIENDS OF BILL W. – An Evening For Men

Sponsors bring your sponsee for an evening of fellowship. Dinner will be served at 6:00 p.m. A speaker presentation will follow. (Also offered on November 20, 2018)

Arrival: 5:30 p.m. Departure: 8:00 p.m.
 Speakers Cost: \$20

15 FRIENDS OF LOIS W. – Spiritual Focus For Women in Al-Anon

An evening of fellowship for women in Al-Anon. Dinner will be served at 6:00 p.m. A speaker presentation will follow.

Arrival: 5:30 p.m. Departure: 8:00 p.m.
 Speakers Cost: \$20

17 MARY, UNDOER OF KNOTS

In his first year as Pontiff, Pope Francis encouraged the whole Christian community to pray to Mary, Undoer of Knots. On this day you will have time to reflect deeply with Mary, and offer her the knots in your life. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
 Presenter: Paulette Cicero, M.Th., CSD Cost: \$50

22 LIVING AS A BELOVED DAUGHTER OF GOD

Do you see yourself as God sees you: Beautiful, perfectly imperfect and beloved of your Heavenly Father? Come and explore the joy and peace that comes when we begin to see ourselves through the eyes of God. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
 Presenters: Janice Santanello, MA Theology, CLEM, CSG, CPC Cost: \$50

St. Joseph By The Sea
A Retreat House at the Central Jersey Shore
Office Hours: Monday - Friday 9am-2pm
(732) 892-8494 • www.sjbsea.org
sjbsea@comcast.net

23 FRIENDS OF BILL W. – An Evening For Women

Sponsors bring your sponsee for an evening of fellowship. Dinner will be served at 6:00 p.m. A speaker presentation will follow. (Also offered on September 18, 2018)

Arrival: 5:30 p.m. Departure: 8:00 p.m.
 Speakers Cost: \$20

November

7 IDOLS IN OUR LIVES

We are confronted with many idols in our life. . . idols which take us away from God. The talks, enhanced by powerpoint presentations, will explore the idols of plans, ideas and media in our daily living. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
 Presenter: Sr. Lucy Battistuz, MPF, BS, MS Cost: \$50

16-18 CIRCLE OF LIFE – Four Moments in Every Woman's Life

Four moments in every woman's life – "Loss, Change, Transformation, Fulfillment" – come to us again and again. Time will be offered for inspirational reflection, prayer, and scripture. This retreat invites us to come to know and love ourselves as we seek God within the experiences of our own journey. It allows space to ponder what it means to be a truly whole and spiritual woman living in the challenging time of our world today. Mass included.

Arrival: 6:00-7:00 p.m. Departure: 1:00 p.m.
 Presenter: Paulette Cicero, M.Th., CSD Cost: \$220

20 FRIENDS OF BILL W. – An Evening For Men

Sponsors bring your sponsee for an evening of fellowship. Dinner will be served at 6:00 p.m. A speaker presentation will follow. (Also offered on October 3, 2018)

Arrival: 5:30 p.m. Departure: 8:00 p.m.
 Speakers Cost: \$20

December

Nov. 30 - Dec. 2 ADVENT SILENT WEEKEND

In December stillness, this weekend provides time away from our daily cares to listen to Isaiah's dream, awaiting the birth of God's Anointed One. This retreat offers time for reflection, Exposition of the Blessed Sacrament and Mass.

Arrival: 6:30 – 7:00 p.m. Departure: 1:00 p.m.
 Presenters: Staff and Visiting Directors Cost: \$220

4 BUSY PERSONS ADVENT RETREAT

Seeking peace during Advent? Struggling to make time for God and prayer at this time? This retreat day will offer you time to pause, reflect, pray and nourish your Spirit. Take this time to slow down and give yourself the gift you deserve. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
 Presenter: Paulette Cicero, M.Th., CSD Cost: \$50

12 QUIET BY THE FIRESIDE

This evening will provide the busy person an opportunity to contemplate Jesus, the Incarnate Word, through reflection in a quiet and prayerful environment. Christmas sing-along and refreshments after program.

Arrival: 5:00 p.m. Departure: 8:00 p.m.
 Presenters: Sr. Brunilda Ramos, MPF; Sr. Dolores Bianchi, MPF Donation

The retreat house is closed from
December 21, 2018 through January 1, 2019

February 2019

1-3 COME TO THE QUIET – A SILENT RETREAT

Come and experience the shore in all its winter beauty! This weekend has been set aside for those desiring time alone with God. This retreat offers time for reflection; Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included.

Arrival: 6:00-7:00 p.m. Departure: 1:00 p.m.
 Presenters: Staff and Visiting Directors Cost: \$220

March

LENT SERIES – Who does He say you are? (Part 2)

Women transformed by Christ in the Gospels. A book discussion series in two parts (see Fall Series in September for part 1).

All sessions will be on a Wednesday, the following dates:
 March 6, 13, 20 April 3, 10, 17

Arrival: 1:30 p.m. Departure: 3:00 p.m.
 Presenter: Janice Santanello, MA Theology, CLEM, CSG, CPC Cost: \$100

1-3 TECHNOLOGY FREE WEEKEND – Enjoying the Quiet

Spend the weekend on Holy Grounds to recharge your spirit and well-being. There will be time for prayer, relaxation, walks on the beach and a massage therapist will be available. Mass included.

Arrival: 6:00-7:00 p.m. Departure: 1:00 p.m.
 Presenter: Sr. Brunilda Ramos, MPF Cost: \$220

8-10 AA WEEKEND – Women's Spirituality and Recovery

Come share your experience, strength and hope with one another. There will be time for prayer, relaxation, walks on the beach and a massage therapist will be available. Mass included.

Arrival: 6:00-7:00 p.m. Departure: 1:00 p.m.
 Presenter: Sr. Brunilda Ramos, MPF Cost: \$220

19 HONORING ST. JOSEPH THE WORKER

In honor of our patron St. Joseph, the staff cordially invites you to join us at Liturgy as we celebrate this special day. We will pray for peace and healing for ourselves and for our world. Please call to register by March 16. Refreshments and Blessed Bread after the program.

Arrival: 10:30 a.m. Mass: 11:00 a.m. Departure: 1:00 p.m.
 Presenters: Sr. Brunilda Ramos, MPF; Sr. Dolores Bianchi, MPF Donation

St. Joseph By the Sea Registration Form

Name _____
 Email _____
 Street _____
 City _____
 State _____ Zip _____
 Home Phone _____
 Work Phone _____
 Cell Phone _____
 Date _____
 Program Attending _____

IF REGISTERING FOR RETREAT, PLEASE INDICATE _____ DIRECTED _____ PRIVATE
 N.B. There will be an additional \$10 fee for each Directed Session.

Enclosed is my non-refundable/non-transferable deposit of \$50.00
 PLEASE MAKE CHECKS PAYABLE TO: ST. JOSEPH BY THE SEA
 Your cancelled check is your receipt.

Mail Registration and Deposit To:
 St. Joseph By the Sea
 400 Route 35 North
 S. Mantoloking, N.J. 08738

Office Use Only

Deposit Paid _____
 Check # _____
 Date Paid _____

Optional Service: Care through Touch Ministry is offered by Marie Tuohy, LMT throughout the year. Call the office for more information.

21 FORGIVENESS AND RECONCILIATION

Forgiveness is a decision we need to make in order to heal ourselves. We also need to accept God's unconditional love in order to forgive ourselves. We will explore the necessary steps to forgiveness and reconciliation. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
Presenter: Janice Santanello, MA Theology, CLEM, CSG, CPC Cost: \$50

27 WHY ARE YOU CRYING?

On the way to Calvary, Jesus said little and the Gospels offer only a few details. Come for a day to use your imagination as we walk the way of the cross in the form of Christ speaking from his heart. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
Presenter: Paulette Cicero, M.Th., CSD Cost: \$50

April

5-7 BLESSINGS OR BURDENS

What does it mean to come face to face with the second half of life? Embracing the gift of years is about living all of life to the fullest. This retreat will wake us up to the wisdom, joy and humor found in choosing "a wise path with heart". Mass included.

Arrival: 6:00-7:00 p.m. Departure: 1:00 p.m.
Presenter: Paulette Cicero, M.Th., CSD Cost: \$220

8 SPRING CLEANING FOR HEART AND SOUL

When the flowers bloom, the birds sing and the days lengthen, we long to spruce up our homes. It's also a time to look inward at our spiritual lives and tend to ridding ourselves of the clutter that keeps us from deepening our relationship with God. Lunch and Mass included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.
Presenter: Janice Santanello, MA Theology, CLEM, CSG, CPC Cost: \$50

May

17-19 GIFT FROM THE SEA – WOMEN'S CONTEMPLATIVE WEEKEND

"Patience, patience, patience, the sea teaches. Patience and faith."

Anne Morrow Lindbergh, Gift From the Sea

Come for a weekend to be inspired by the classic book, *Gift From the Sea*. Explore insights about wholeness, balance of life, work, relationships and spiritual guidance. Please bring a copy of the book. Mass included.

Arrival: 6:00-7:00 p.m. Departure: 1:00 p.m.
Presenter: Paulette Cicero, M.Th., CSD Cost: \$220

June

2-8 SISTERS' SILENT RETREAT – PRIVATE OR DIRECTED

This week is set aside for those desiring time alone with God, rest and a walk on the beach. Exposition of the Blessed Sacrament, Liturgy and Reconciliation will be included. Dinner will be served on Sunday, June 2 at 12:00pm.

Arrival: 10:00 – 11:00 a.m. Departure: 10:00 a.m.
Presenters: Staff and Visiting Directors Cost: \$455

Please Note: In addition to these events sponsored by the Center, the Staff gives many days of prayer to parish groups, school faculties, Rosary-Altar groups, senior citizens organizations, AA, etc., which are not listed. There are some dates still available. Please call the office for more information.

Staff

Sr. Brunilda Ramos, MPF, Director
Sr. Dolores Bianchi, MPF, Administrative Assistant

Visiting Directors

Paulette Cicero, M.Th.
Rev. John Bambrick, M.S.C.M.
Sr. Jo Anne Jones, RSM, Ph.D

Our Mission

St. Lucy Filippini, the foundress of the Religious Teachers Filippini, dedicated her life to education, particularly for women. She founded schools of Christian doctrine, gave Spiritual Exercises to women preparing for marriage, and taught the Word of God through instruction and retreat experiences. Her charismatic gift was "the wisdom of the Word" and she made every effort to spread the Word of God to everyone. She was a contemplative in action; all her actions stemmed from her union with God.

It is this spirit that the Religious Teachers Filippini wish to en flesh at St. Joseph By the Sea. It is our aim to provide the atmosphere and means for the individual who comes here to "Let the Word of Christ, rich as it is, dwell in you." (Col. 3:16) Having experienced quiet and solitude, one goes forward renewed and refreshed to incarnate God's love and Word.

Programs are offered to enrich, renew and deepen one's interior communication with the Lord in an atmosphere of prayer, quiet and solitude. The scenic environment of the Atlantic Ocean and Barnegat Bay provides additional contemplative space.

Our Facilities

Fully air-conditioned, twenty-two private bedrooms, with full bath accommodations between rooms, and a handicapped accessible lift are available for retreatants.

The facilities also include a dining room with accommodations for forty people, a chapel, and a solarium. A large conference room, overlooking the ocean, is located on the second floor. There is also a Library for use during one's stay. The Loft on the third floor overlooks the bay and invites one to "Come to the Quiet" to pray and reflect. There is direct access to the ocean from the house and easy access to Barnegat Bay.

St. Joseph by the Sea is the summer residence of the Religious Teachers Filippini.

Directions to our Retreat House

FROM GARDEN STATE PARKWAY SOUTH BOUND:

- Take **Exit 98** to **Route 34 SOUTH**.
- Follow **Route 34 SOUTH** thru **one traffic circle**.
- At Intersection of **Route 35** and **Route 70**, follow signs for **Route 35 SOUTH**
- Follow signs for **35 SOUTH - Seaside Heights, Point Pleasant**.
- Continue thru Point Pleasant, Bay Head, Mantoloking.
- At end of Mantoloking, Route 35 divides **continue** for **1.7 miles**.
- Turn **LEFT** at Sanderling St. (1st street after Brick Beach parking lot).
- Turn **LEFT** onto **35 NORTH** to #400 St. Joseph By the Sea is 1/2 mile on **RIGHT** side past Ocean Club Condos

FROM GARDEN STATE PARKWAY NORTH BOUND:

- Take **Exit 82** to **Route 37 EAST**.
- After the bridge follow **35 NORTH and Pt. Pleasant** Signs.
- Go past Ocean Club Condos.
- St. Joseph By The Sea is on the right #400.

FROM THE WEST:

- Take **195 EAST**.
- Get off at **Route 34 SOUTH**.
- Follow **Route 34 SOUTH** thru **one traffic circle**.
- Follow directions as if traveling **SOUTH** from Garden State Parkway.

**Our retreat program ends on July 6, 2019
and resumes on September 3, 2019.
There are no retreats offered in the summer.**



Institute of Religious Teachers Filippini
400 Route 35 North
South Mantoloking, N.J. 08738

Address Service Requested

September 2018 - June 2019

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